

CAMP ACCEPTANCE

CRITERIA

Camp Dragonfly is designed for teen girls with ASD who are very high functioning. The camp has 2 air-conditioned cabins with bunks for 6 girls and 2 counselors per cabin.

All potential Dragonfly campers must:

- Be female
- Be able to sleep over the entire camp session
- Have no aggressive behaviors that may cause harm to self or others
- Be able to carry out personal ADL skills independently
- Not require an individual or therapeutic behavioral management plan
- Be able to function with the 3:1 camper to counselor ratio
- Not be a “runner” that runs away from staff or activities

QUESTIONS?

Linda Chamrad
Phone: (860) 536-2787
Fax: (860) 536-2464
Email: Lchamrad@snet.net

FOR A REGISTRATION PACKAGE:

Oak Hill Community Programs Office
120 Holcomb Street
Hartford, CT 06112
Phone: (860) 769-3840
Fax: (860) 242-7492
Email: [Net Robbins](mailto:NetRobbins@ciboakhill.org)
Robbinsn@ciboakhill.org



D R CAMP G O N F L Y

A unique overnight camping experience for girls ages 11-15 diagnosed with:

High Functioning Autism
Asperger's Syndrome
Nonverbal Learning Disorder
PDD-NOS

August 16-21, 2009

**Camp Harkness, Waterford,
CT**

OUR PROGRAM

In partnership with the well-established Oak Hill camps, Camp Dragonfly will provide a week-long overnight summer camping for girls with HFA, AS, NVLD, and PDD-NOS. who struggle with the challenges of autism.

Camp Dragonfly is a safe place for girls with similar needs to come together. Our trained staff will provide a supportive teaching environment where the girls have opportunities to:

- Expand their social thinking
- Experience new leisure activities or enhance skills in areas in which they already feel successful
- Learn to collaborate with others and take social and emotional risks
- Develop a sense of personal responsibility
- Develop a more positive and confident self image
- Have the opportunity to build enduring friendships and a lasting network of support

Camp Dragonfly strives, above all, to provide a fun and positive environment where our campers feel accepted and successful.

OUR ACTIVITIES

Most of our activities involve the outdoors, to avoid the fast pace distractions of the technological world we live in, where our youth tend to hide when issues arise. Outdoors offers an ideal environment, where Mother Nature creates natural consequences that are used to teach social thinking, cooperation, collaboration, and risk taking. All the girls will participate together during these activities. We generally choose non-competitive activities in which the campers can set goals to improve themselves and encourage and help others to accomplish their goals. Our staff will support the campers so they experience positive accomplishments which build self-esteem. Some of the activities that are planned for this summer are: kayaking, challenge ropes course and self defense. Camp Harkness also offers a wide variety of activities in which the campers will participate.

LOCATION

Camp Dragonfly, will be held at Camp Harkness, located in Waterford, CT is located on 102 acres on Long Island Sound with a tranquil beach, hiking and biking trails, sports and exercise fields and air conditioned cabins. Camp Harkness can easily be reached from anyplace in Connecticut within 2 hours.

Camp Harkness
301 Great Neck (RT 213)
Waterford, CT 06385

(860) 443-7818
Oak Hill Camp Office: (860) 442-8035
Oak Hill Camp Infirmary: (860) 447-2407

WHY A DRAGONFLY?

A dragonfly was chosen to represent the camp for many reasons. Symbolically, many cultures believe that a dragonfly represents positive attributes; strength, happiness, and courage. Others see them as a symbol of the sense of self that comes with maturity and represents, renewal, positive forces and power of life.

Dragonflies like to stay by the water and are most powerful in the summer under the effects of warmth and sunlight. Therefore, they are reminders that we are light and can reflect the light in powerful ways if we choose to do so. Dragonflies help you see through your perceptions and allow your own light to shine with a new vision.

These are all wonderful qualities we hope to in still in our daughters.

