



AUTISM
SERVICES & RESOURCES
CONNECTICUT

CENTRAL CT YOUNG ADULT SOCIAL GROUP
2016-2017

Join ASRC for a social group geared specifically for young adults (20-30 years old) with social challenges who live in Central CT. The group is designed to connect individuals who are seeking friendships and social opportunities within their community. The group is facilitated by two ASRC mentors who serve as “social engineers,” making sure the group is cohesive and relationships are established and developed. The mentors also coach group members to plan and implement their own social group events. Activities and locations will vary each week and will be dependent upon group members. *Participants who are interested in joining this group must be able to independently handle their own money, text messages and emails.*

DATE/TIME: Sunday evenings, 3:00-5:00pm, 2x/month

SESSION I: *Dates subject to change*

September 11th & 25th
October 9th & 23rd
November 6th & 20th
December 4th & 18th
January 15th & 29th
February 12th & 26th



MEMBERSHIP FEE: *No fees at this time thanks to a grant from DDS*

Membership fee includes the following:

- Bi-weekly groups or 12 groups total
- Opportunity to plan and implement 1-2 social group events
- Coaching and feedback from ASRC mentors
- Ability to practice social skills in supportive environment, form friendships and experience a variety of community based activities

For more information or to set up an introductory meeting please contact Emily Swindelles at emily@ct-asrc.org.